



NOBA
New Orleans Ballet Association
CENTER FOR DANCE



SENIOR DANCE FITNESS PROGRAM

Free and Open to Seniors Ages 55+
FALL 2018 - SPRING 2019

Come Join Us!

Stretching, cardio and dance, special workshops and events, discounted tickets to select NOBA Main Stage performances, and more!

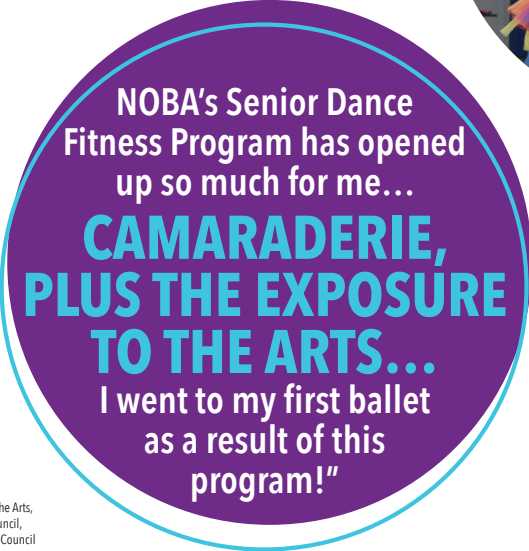
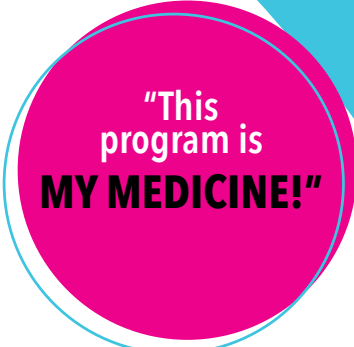
Mondays & Wednesdays 10:30am-12:30pm at:
Joe W. Brown Rec Center, 5601 Read Blvd. (New Orleans East)
Behrman Rec Center, 2529 General Meyer Ave. (West Bank)

Tuesdays & Thursdays 10:30am-12:30pm at:
The Chevron Studio, Lyons Rec Center, 624 Louisiana Ave.
(Irish Channel)

Locations and schedules reflect NOBA Senior Dance Fitness Program classes offered August 1, 2018 - May 30, 2019. Please visit www.NOBAdance.com for holiday schedules, etc.

Registration is ongoing -
join at any time!

More Info at
NOBAdance.com.



NOBA is supported in part by an award from the National Endowment for the Arts (NEA), a grant from the Louisiana Division of the Arts, Office of Cultural Development, Department of Culture, Recreation and Tourism, in cooperation with the Louisiana State Arts Council, and the NEA, a Federal agency, a Community Arts Grant made possible by the City of New Orleans and administered by the Arts Council of New Orleans (ACNO), and a grant from the Louisiana Division of the Arts, Office of Cultural Development, Department of Culture, Recreation and Tourism, in cooperation with the Louisiana State Arts Council, as administered by ACNO.

Photos by Jeff Strout

Contact NOBA at 504-522-0996 X 213 or e-mail mwhite@nobadance.com