



Breast & Cervical Health Workshops

For Seniors Ages 55+

Guest Speaker: Dr. Denise Johnson



Wednesday, September 27

Joe W. Brown Rec Center, 5601 Read Blvd.

10:30—11:45am Senior Dance Fitness Class

11:45am Workshop: "Cervical Cancer Awareness"

To access the center, enter at the second park entrance marked with a small grey stone sign (before the police station and Dwyer Rd.) and continue through the park.

The Joe W. Brown Rec Center will be on your left side.

Thursday, September 28

Lyons Rec Center, 624 Louisiana Ave.

10:30—11:45am Senior Dance Fitness Class

11:45am Workshop: "Breast Cancer Awareness"

Please join us for senior dance fitness prior to each workshop!

Light refreshments will be provided.

For more information, call 504-522-0996 ext. 213

Senior Dance Fitness Program classes are sponsored by:

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