

These classes are  
graciously hosted by:



# NOBA

Bringing Dance to Life



# Open Community Dance & Fitness Classes



Visit **NOBA's website at [www.nobadance.com](http://www.nobadance.com)** regularly for full class schedules and updates.  
Open to ages 14-80+. First-time participants may register at the door on a first come, first served basis.  
Schedule and instructors are subject to change. Holiday schedules will also be updated periodically online.

## Fall 2017—Spring 2018 Schedule

### TAI CHI

Chevron Studio, Lyons Rec Center, 624 Louisiana Ave.  
**Mondays, 10:30-11:30am**  
August 14, 2017—May 21, 2018

### BEGINNER/INTERMEDIATE BALLET

Tremé Rec Center, 900 N. Villere St  
**Mondays, 7:00-8:15pm**  
September 11, 2017—April 30, 2018

### GENTLE YOGA

Chevron Studio, Lyons Rec Center, 624 Louisiana Ave.  
**Wednesdays, 10:30-11:30am**  
August 2, 2017—May 30, 2018

### BEGINNER PILATES

Chevron Studio, Lyons Rec Center, 624 Louisiana Ave.  
**Wednesdays, 12:00-1:00pm**  
August 2, 2017—May 30, 2018

### INTERMEDIATE/ADVANCED BALLET

Chevron Studio, Lyons Rec Center, 624 Louisiana Ave.  
**Fridays, 10:30am-12:00pm**  
August 4, 2017—May 18, 2018

### HORTON MODERN TECHNIQUE

Tremé Rec Center, 900 N. Villere St.  
**Fridays, 5:45-7:15pm**  
September 8, 2017—May 18, 2018

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